

Lesson 337

Vocabulary Summary: Simplified:

目前世界上
Mùqián shìjiè shàng
These days around the world

有越来越多的小孩得到肥胖症
Yǒu yuèláiyuè duō de xiǎohái dé dào
féipàngzhèng
There are more and more children who are
developing obesity

其中一个原因是
Qízhōng yīge yuányīn shì
One of the reasons dor this is

以前小朋友常做户外活动
Yǐqián xiǎopéngyǒu cháng zuò hùwài
huódòng
In the past, children often performed
outdoor activities

可是现在那些户外活动
Kěshì xiànzài nàxiē hùwài huódòng
But now those outdoor activities

慢慢都被一些室内活动给取代了
Màn màn dōu bèi yīxiē shìnèi huódòng
gěi qǔdài le
They are slowly being replaced by indoor
activities

结果就让小朋友运动的机会减少了很多
Jiéguǒ jiù ràng xiǎopéngyǒu yùndòng de
jīhuì jiǎnshǎo le hěnduō
The result is that children have less
opportunities for exercise

Vocabulary Summary: Traditional:

目前世界上
Mùqián shìjiè shàng
These days around the world

有越來越多的小孩得到肥胖症
Yǒu yuèláiyuè duō de xiǎohái dé dào
féipàngzhèng
There are more and more children who are
developing obesity

其中一個原因是
Qízhōng yīge yuányīn shì
One of the reasons dor this is

以前小朋友常做戶外活動
Yǐqián xiǎopéngyǒu cháng zuò hùwài
huódòng
In the past, children often performed
outdoor activities

可是現在那些戶外活動
Kěshì xiànzài nàxiē hùwài huódòng
But now those outdoor activities

慢慢都被一些室內活動給取代了
Màn màn dōu bèi yīxiē shìnèi huódòng
gěi qǔdài le
They are slowly being replaced by indoor
activities

結果就讓小朋友運動的機會減少了很多
Jiéguǒ jiù ràng xiǎopéngyǒu yùndòng de
jīhuì jiǎnshǎo le hěnduō
The result is that children have less
opportunities for exercise

Vocabulary Summary: Simplified:

他们不再愿意去外面骑自行车
Tāmen bú zài yuànyì qù wàimiàn qí
zìxíngchē
They are no longer willing to go outdoors
to ride their bicycles

反而只喜欢待在家里玩电脑或是看电视
Fǎnér zhǐ xǐhuān dāi zài jiālǐ wán diànnǎo
huòshì kàn diànshì
And instead prefer to stay inside and play
on the computer or watch television

那该怎么办呢?
Nà gāi zěnmē bàn ne?
So what can be done then?

父母应该多鼓励他们的小孩
Fùmǔ yīnggāi duō gǔlì tāmen de xiǎohái
Parents should encourage their children
more

多做一点户外活动
Duō zuò yīdiǎn hùwài huódòng
To do more outdoor activities

寒假的时候
Hánjià de shíhòu
During winter vacation

父母可以选择带小孩去滑雪或是滑冰
Fùmǔ kěyǐ xuǎnzé dài xiǎohái qù huáxuě
huòshì huábīng
Parents can choose to take their children
skiing or skating

暑假的时候
Shǔjià de shíhòu
During summer vacation

Vocabulary Summary: Traditional:

他們不再願意去外面騎自行車
Tāmen bú zài yuànyì qù wàimiàn qí
zìxíngchē
They are no longer willing to go outdoors
to ride their bicycles

反而只喜歡待在家裡玩電腦或是看電視
Fǎnér zhǐ xǐhuān dāi zài jiālǐ wán diànnǎo
huòshì kàn diànshì
And instead prefer to stay inside and play
on the computer or watch television

那該怎麼辦呢?
Nà gāi zěnmē bàn ne?
So what can be done then?

父母應該多鼓勵他們的小孩
Fùmǔ yīnggāi duō gǔlì tāmen de xiǎohái
Parents should encourage their children
more

多做一點戶外活動
Duō zuò yīdiǎn hùwài huódòng
To do more outdoor activities

寒假的時候
Hánjià de shíhòu
During winter vacation

父母可以選擇帶小孩去滑雪或是滑冰
Fùmǔ kěyǐ xuǎnzé dài xiǎohái qù huáxuě
huòshì huábīng
Parents can choose to take their children
skiing or skating

暑假的時候
Shǔjià de shíhòu
During summer vacation

Vocabulary Summary: Simplified:

可以让他们学滑旱冰这个运动
Kěyǐ ràng tāmen xué huáhànbing zhège yùndòng
They can take them roller blading

这些活动都算是运动的一种
Zhèxiē huódòng dōu suànshì yùndòng de yī zhǒng
These activities are all types of exercise

而且可以让小孩肥胖症的问题减少
Érqiě kěyǐ ràng xiǎohái féipàngzhèng de wèntí jiǎnshǎo
Which will reduce the problem of obesity in children

让小孩更健康
Ràng xiǎohái gèng jiànkāng
While making them healthier

肥胖症
féipàngzhèng
Obesity

户外
hùwài
Outdoor

室内
shìnèi
Indoor

症
zhèng
Disease / Illness

Vocabulary Summary: Simplified:

可以讓他們學滑旱冰這個運動
Kěyǐ ràng tāmen xué huáhànbing zhège yùndòng
They can take them roller blading

這些活動都算是運動的一種
Zhèxiē huódòng dōu suànshì yùndòng de yī zhǒng
These activities are all types of exercise

而且可以讓小孩肥胖症的問題減少
Érqiě kěyǐ ràng xiǎohái féipàngzhèng de wèntí jiǎnshǎo
Which will reduce the problem of obesity in children

讓小孩更健康
Ràng xiǎohái gèng jiànkāng
While making them healthier

肥胖症
féipàngzhèng
Obesity

戶外
hùwài
Outdoor

室內
shìnèi
Indoor

症
zhèng
Disease / Illness

Lesson 337 Notes (Simplified / Traditional):

Qǐng yòng Zhōngwén huídá xià miàn de wèntí

请用中文回答下面的问题。

請用中文回答下面的問題。

Please use Chinese to translate the following questions .

Q: Gēnjù wénzhāng, mùqián yǒu yuèláiyuè duō de xiǎohái dōu chūxiàn le shénme yàng de wèntí ?

根据文章，目前有越来越多的小孩都出现了什么样的问题？

根據文章，目前有越來越多的小孩都出現了什麼樣的問題

According to the article, what is a major problem that more and more children are having today ?

A: Tāmen dé dào féipàngzhèng

他们得到肥胖症。

他們得到肥胖症

They are developing obesity

Q: Wèishénme yǒu yuèláiyuè duō de xiǎohái dé dào féipàngzhèng ?

为什么有越来越多的小孩得到肥胖症？

為什麼有越來越多的小孩得到肥胖症？

Why are there more and more children developing obesity ?

A: Yīnwèi xiànzài yǒu hěnduō hùwài huódòng màn màn dōu bèi yīxiē shìnèi huódòng gěi qǔdài le

因为现在有很多户外活动慢慢都被一些室内活动给取代了。

因為現在有很多戶外活動慢慢都被一些室內活動給取代了

Because right now there are many outdoor activities slowly being replaced by indoor activities .

Q: Gēnjù wénzhāng, mùqián xiǎoháizi yùndòng de jīhuì biàn de zěnmeyàng ?

根据文章，目前小孩子运动的机会变得怎么样？

根據文章，目前小孩子運動的機會變得怎麼樣？

According to the article, what is happening to the opportunities for children to exercise today ?

A: Jiǎnshǎo le hěnduō

減少了很多。

減少了許多。

They are decreasing considerably

Q: Hánjià de shíhòu, kěyǐ zuò nǎxiē hùwài huódòng ?

寒假的时候，可以做哪些户外活动？

寒假的時候，可以做哪些戶外活動？

What outdoor activities can be done during winter vacation ?

A: Qù huáxuě huòshì huábīng

去滑雪或是滑冰。

去滑雪或是滑冰。

One can go skiing or ice skating

Q: Xiàtiān lǐ de nǎ yī ge huódòng gēn huábīng hěn xiàng ?

夏天里的哪一个活动跟滑冰很像？

夏天裡的哪一個活動跟滑冰很像？

What summer activity is similar to ice skating ?

A: Huáhàn bīng

滑旱冰。

滑旱冰。

Roller blade