

Lesson 172

Vocabulary Summary: Simplified:

你最近看起来比较瘦
Nǐ zuìjìn kàn qǐlái bǐjiào shòu
Recently you look much thinner

哦，太棒了！
O, tài bàng le!
Wow, that's terrific

你终于发现了！
Nǐ zhōngyú fāxiàn le!
You finally noticed!

最近我很注意我吃的食物
Zuìjìn wǒ hěn zhùyì wǒ chī de shíwù.
Lately I've really been paying attention to
what I've been eating

所以，你现在都吃什么？
Suǒyǐ, nǐ xiànzài dōu chī shénme?
So what do you eat nowadays?

早餐吃一个面包，一个蛋，还有一杯果汁
Zǎocān chī yīge miànbāo, yīge dàn,
háiyǒu yī bēi guǒzhī
For breakfast I have a piece of bread, an
egg and a glass of juice

哇，那中午呢？
Wā, nà zhōngwǔ ne?
Wow, and how about at noon?

我中午吃一碗饭，一块肉，跟两份蔬菜
Wǒ zhōngwǔ chī yī wǎn fàn, yī kuài
ròu, gēn liǎng fèn shūcài
At noon I have a bowl of rice, a piece of
meat, and two servings of vegetables

Vocabulary Summary: Traditional:

你最近看起來比較瘦
Nǐ zuìjìn kàn qǐlái bǐjiào shòu
Recently you look much thinner

哦，太棒了！
O, tài bàng le!
Wow, that's terrific

你終於發現了！
Nǐ zhōngyú fāxiàn le!
You finally noticed!

最近我很注意我吃的食物
Zuìjìn wǒ hěn zhùyì wǒ chī de shíwù.
Lately I've really been paying attention to
what I've been eating

所以，你現在都吃什麼？
Suǒyǐ, nǐ xiànzài dōu chī shénme?
So what do you eat nowadays?

早餐吃一個麵包，一個蛋，還有一杯果汁
Zǎocān chī yīge miànbāo, yīge dàn,
háiyǒu yī bēi guǒzhī
For breakfast I have a piece of bread, an
egg and a glass of juice

哇，那中午呢？
Wā, nà zhōngwǔ ne?
Wow, and how about at noon?

我中午吃一碗飯，一塊肉，跟兩份蔬菜
Wǒ zhōngwǔ chī yī wǎn fàn, yī kuài
ròu, gēn liǎng fèn shūcài
At noon I have a bowl of rice, a piece of
meat, and two servings of vegetables

Vocabulary Summary: Simplified:

那晚上也是吃跟中午一样多吗?
Nà wǎnshàng yě shì chī gēn zhōngwǔ
yīyàng duō ma?
In the evening do you also eat as much as
you do at noon?

没有，晚上要吃少一点
Méiyǒu, wǎnshàng yào chī shǎo yīdiǎn
No, in the evening I eat a little less

不要吃太饱
Bú yào chī tài bǎo
(One) shouldn't eat too much

棒
Bàng
Capable / Smart

终于
Zhōngyú
Finally

注意
Zhùyì
To pay attention

注
Zhù
To inject

终
Zhōng
End

于
yú
At

Vocabulary Summary: Traditional:

那晚上也是吃跟中午一樣多嗎?
Nà wǎnshàng yě shì chī gēn zhōngwǔ
yīyàng duō ma?
In the evening do you also eat as much as
you do at noon?

沒有，晚上要吃少一點
Méiyǒu, wǎnshàng yào chī shǎo yīdiǎn
No, in the evening I eat a little less

不要吃太飽
Bú yào chī tài bǎo
(One) shouldn't eat too much

棒
Bàng
Capable / Smart

終於
Zhōngyú
Finally

注意
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